



**The following are preoperative instructions for your surgical procedure.**

You have reached the preoperative instruction line for Boston IVF and The Surgery Center of Waltham. Please listen carefully to the following instructions.

Upon arrival please check in at the reception desk.

Bring your insurance card and drivers licenses with you on the day of your procedure. Please note donor egg patients need a license only.

Prior to the day of surgery, we need you to log onto our preoperative website at [www.onemedicalpassport.com](http://www.onemedicalpassport.com). This site is completely secure & confidential, and provides us with the information needed to be prepared for all your medical needs. This program requires users to complete all of the questions before submitting the information. If you are unable to complete this at home, please arrive 45 minutes prior to your designated arrival time, as you will be required to complete this onsite before checking in.

Even if you have completed one medical passport for us in the past, you need to again update your information. If there have been no medical changes, you should just change the current date of your procedure.

**If you are on insulin or inhalers, please bring them with you on the day of your procedure. Please also bring your glucometer if you regularly monitor your blood sugar.**

The night before your procedure, have nothing to eat or drink after midnight unless otherwise instructed. This includes chewing gum, breath mints and hard candy. Please drink adequate fluids the day before your procedure as it helps maintain hydration.

If you regularly take blood pressure, cardiac, or seizure medication, please take your medication the morning of surgery with a small sip of water.

You should not wear make-up, perfume, or jewelry on the day of your surgery. This does include all body piercings.

If you wear contact lenses, be prepared to remove them and wear your glasses the day of the procedure.

No hair ornaments, or metal barrettes can be worn into the operating room.

Please wear loose, comfortable clothing, and bring a nice warm pair of socks with you to wear into the operating room.

Someone must accompany you to and from the Surgery Center. We prefer that your ride stays at the facility during your procedure, but if not possible we ask that your ride be available to pick you up within a half hour of notification. It is not acceptable for you to return home using a driver, such as Uber, Lyft, a limo, or a cab.

A responsible adult should plan to stay with you for the rest of the day and throughout the night following your procedure. It is not recommended that you be left alone during this time as you will have received some type of anesthesia during your procedure.

You may access a printed copy of these instructions by going to our website [www.bostonivf.com](http://www.bostonivf.com), entering the Patient Portal, and clicking on “Patient Forms”. If you have any questions regarding the preceding instructions, please feel free to contact us at 781-434-6400.